



ANG
PSYCHOLOGICAL HEALTH PROGRAM

ANG Psychological Health Program

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Overview

- Program Design
- Goals
- Activities of a Wing Director of Psychological Health (WDPH)
- Desired Outcomes
- Referrals to ANG PHP
- Confidentiality
- Update / Future

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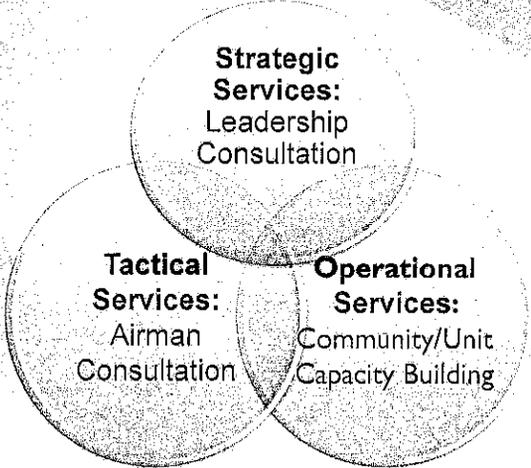
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- Gain a greater understanding of the WDPH's role
- Better understand the benefits derived from the WDPH's services
- To understand how to collaborate with and utilize the WDPH

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Comprehensive Design



Strategic Services:
Leadership Consultation

Tactical Services:
Airman Consultation

Operational Services:
Community/Unit Capacity Building

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Strategic Service Goals



Leadership Consultation

- Provide wing leadership with professional behavioral health consultation services to promote well-being, resilience, and readiness

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Operational Service Goals



Community Capacity Building

- Coordinate and integrate Wing and community-based resources to support Airman behavioral health needs and enhance wingman culture

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Tactical Service Goals



Provide ANG members on site access to individualized behavioral health assessments, consultation and referral services

- Behavioral health crisis consultation services
- Cannot provide treatment/therapy

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Tactical Service Goals



Referral Management: Monitor and support Guard members

- Follow-up services related to consultation and referral success
- Training community providers on military issues

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Anticipated Outcomes



- Improved individual, social, and occupational functioning (combat/mission readiness)
- Improved leadership management of personnel issues; increased time and energy for mission
- Referral effectiveness

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Anticipated Outcomes



- Increased community support capacity; improved wingman culture
- Command climate that accepts the importance of psychological health/fitness
- Airmen with the courage to seek help when needed

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