

TRAUMA-SENSITIVE SCHOOLS: RESOURCES

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(Healthy Environments and Response to Trauma in Schools)
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For more information about UCSF HEARTS and our approach to creating trauma-sensitive schools, please see the websites below:

- acestoohigh.com/2014/01/28/hearts-el-dorado-elementary/
- edsources.org/today/2013/schools-focus-on-trauma-informed-to-reach-troubled-students
- www.whatworksforamerica.org/san-franciscos-el-dorado-elementary-school-uses-trauma-informed-suspensions-drop-89/
- greatergood.berkeley.edu/article/item/the_silent_epidemic_in_our_classrooms
- greatergood.berkeley.edu/article/item/how_to_support_stressed_out_teachers
- coe.ucsf.edu/coe/spotlight/ucsf_hearts_story.html
- coe.ucsf.edu/coe/spotlight/ucsf_hearts.html
- www.fixschooldiscipline.org/toolkit/educators/ucsf/

San Francisco Unified School District (SFUSD) Safe and Supportive Schools Policy:

- Addresses disproportionality by eliminating suspensions based solely on “willful defiance” and replacing with integration of School-Wide Positive Behavior Interventions and Supports, Restorative Practices, Trauma-Sensitive Practices, and practices that address implicit and explicit bias
 - www.sfusd.edu/en/assets/sfusd-staff/about-SFUSD/files/resolutions/HANEY%20SAFE%20SUPPORTIVE%20POLICY%20FINAL%20FOR%20POSTING%202%2025%2014.pdf

Resources for developing trauma-sensitive schools:

- Massachusetts Advocates for Children: Trauma and Learning Policy Initiative
 - [Helping Traumatized Children Learn](#), Volumes 1 and 2 (Susan Cole et al.)
 - Freely downloadable at traumasensitiveschools.org/
- Craig, Susan E. (2008). [Reaching and Teaching Children Who Hurt: Strategies for Your Classroom](#). Baltimore, MD: Paul H. Brookes Publishing Co.
- Trauma Informed Care Project: Wisconsin Department of Public Instruction
 - www.traumainformedcareproject.org/resources/bibliography%20of%20resources%20for%20schools%20to%20be%20trauma%20informed.PDF
 - sspw.dpi.wi.gov/sites/default/files/imce/sspw/pdf/traumastrategies.pdf
- National Child Traumatic Stress Network
 - www.nctsn.org
 - For Educators: Resources for School Personnel
- [The Heart of Learning: Compassion, Resiliency, and Academic Success](#) (Ray Wolpow, et al.)
 - Freely downloadable at www.k12.wa.us/CompassionateSchools/HeartofLearning.aspx
- Restorative Practices
 - www.iirp.org
 - www.healthiersf.org/RestorativePractices/ (SFUSD Restorative Practices Program website)
- Fix School Discipline Toolkit
 - www.fixschooldiscipline.org/
- Mindfulness in Education
 - www.mindfuleducation.org/resources.html
- Collaborative Problem Solving (Ross Greene)
 - www.livesinthebalance.org

Toolkit for professionals working with youth who have experienced complex trauma:

- Adolescent Health Working Group “Trauma Resilience Module”
 - www.ahwg.net/uploads/3/2/5/9/3259766/traumaresbooklet-web.pdf

