

Social Services Committee

Handout on Capitated Behavioral Health services

Integrated and Coordinated Physical and Behavioral Health Care in a Health Home Environment

Lisa Nichols, CEO, Midtown Community Health Center

Kevin Eastman, CEO, Weber Human Services

- Individuals with serious and persistent mental illness (SPMI) die approximately 25 years earlier than someone without a mental illness.
- We wanted to give our clients a real chance at health and wellness but we needed a different infrastructure to provide it. So we followed the emerging research about the success of health homes, where the whole person can be cared for including their mental health needs and their physical health needs all in one setting.
- Weber Human Services contracted with Midtown Community Health to provide the medical personnel to open and operate within our mental health center the “Wellness Clinic”. This clinic is literally just across the hall from our behavioral health staff, with 2 doctors, a medical assistant, an on-site lab, and a wellness coordinator and by the end of the first year of the grant the clinic had enrolled over 300 SPMI clients.
- What are our results? We are collecting outcomes data on our patients every six months. After the first six months we have found the following: 37% of clients report an improvement in overall health; 7% reported that they had quit using tobacco; and 42% reported an improvement in social connections.
- Behavioral Health is working with other physical health providers to either provide behavioral health treatment in their facilities or to pay them to provide the behavioral health treatment for individuals who have Medicaid. Again, creating health home environments for whole health care.
- In our experience the most important components to integrated care is the delivery infrastructure and the willingness of all parties to work towards the common goal, not funding streams.